The Future of WFH

Nick Bloom (Stanford)

February 2023



Background and Data on Working From Home

- Research on WFH starting in 2004
- Monthly surveys of 10,000 working age adults and 5,000 firms
- Discussions and consulting with 100s of organizations globally







institutions, including the International

Going to cover three sections

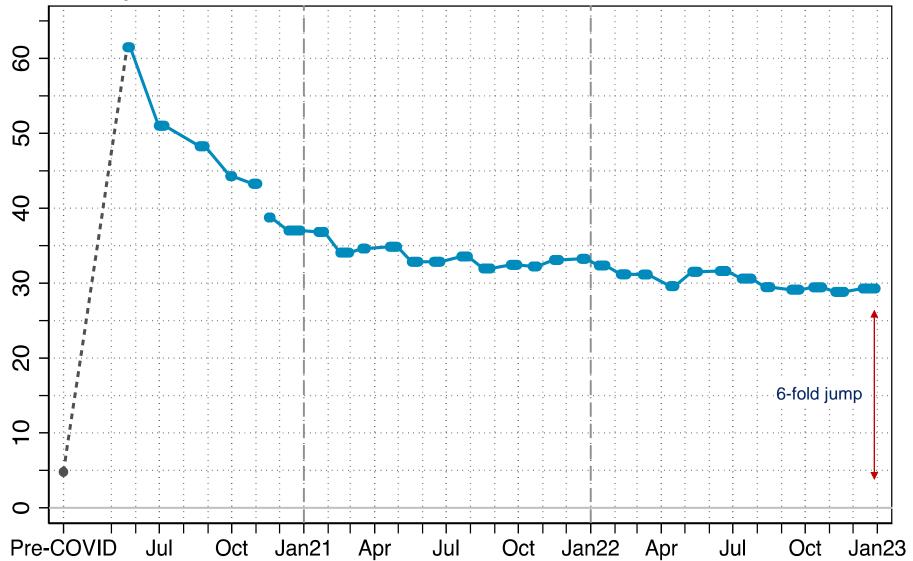
>>> Current state of working from home

>>>> Thoughts on managing hybrid-WFH

>>>> Impact on offices and real-estate

WFH is stabilizing at about 30% of days: a 6-fold jump vs 2019

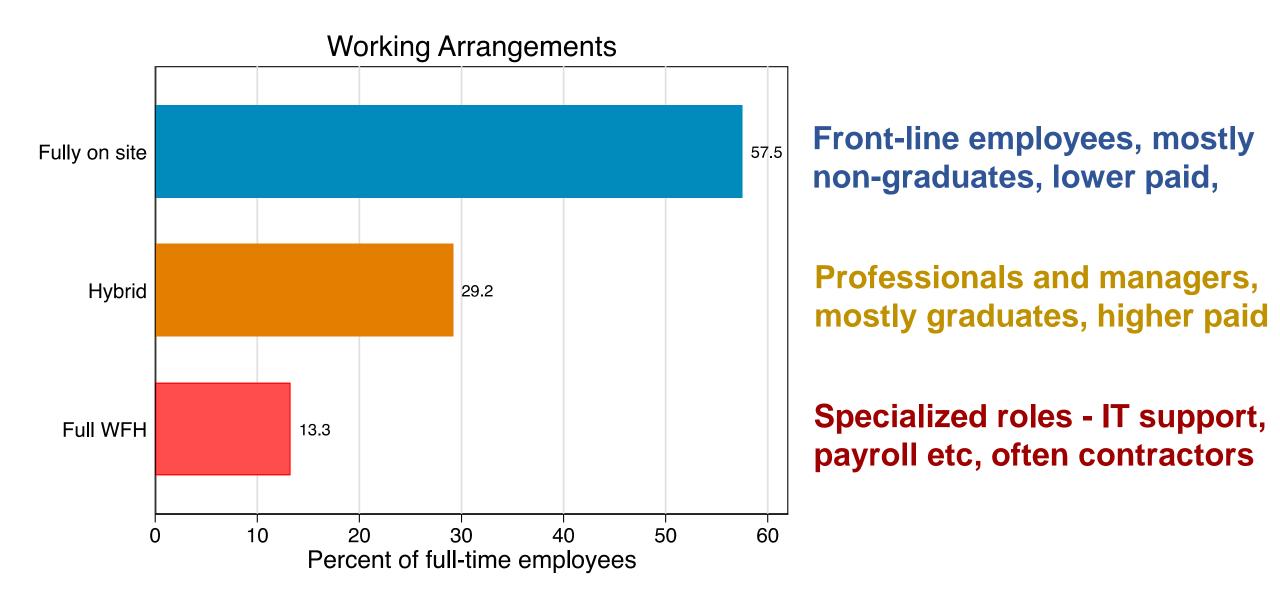
US full days worked from home, %



Matches other US WFH indicators like Kastle office occupancy and Google workplace mobility data

Source: Data from 108,696 SWAA survey responses weighted to match the US population. Pre-covid data from the American Time Use Survey. Survey of Workplace Attitudes and Arrangements (Barrero, Bloom and Davis 2021) on https://wfhresearch.com/

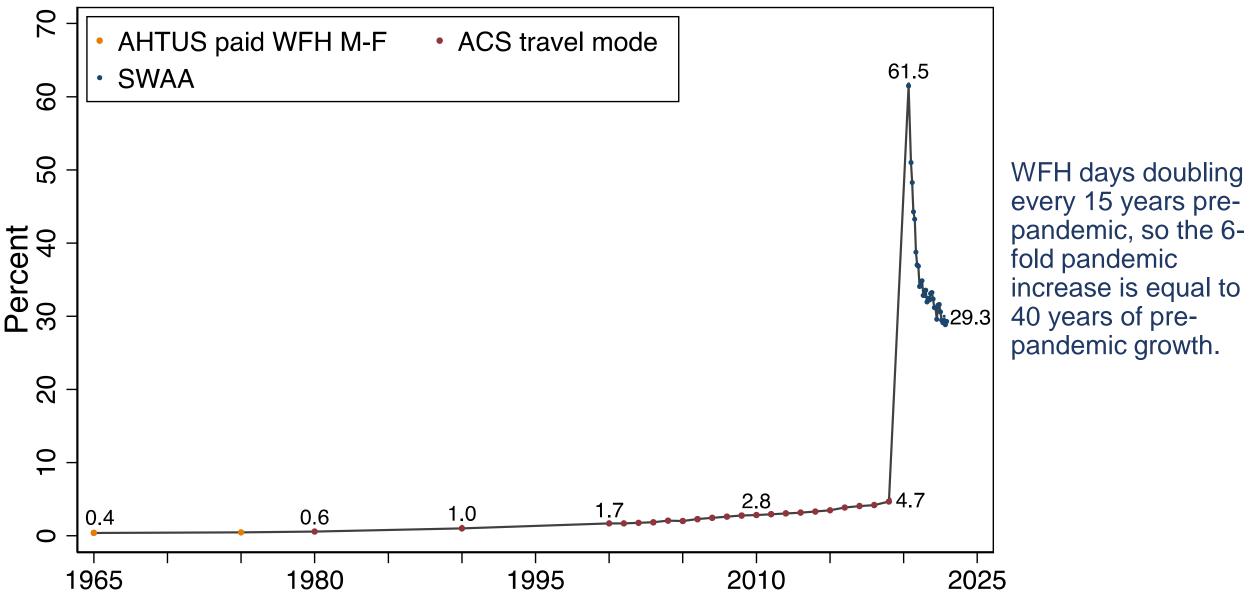
Employees are split into three groups



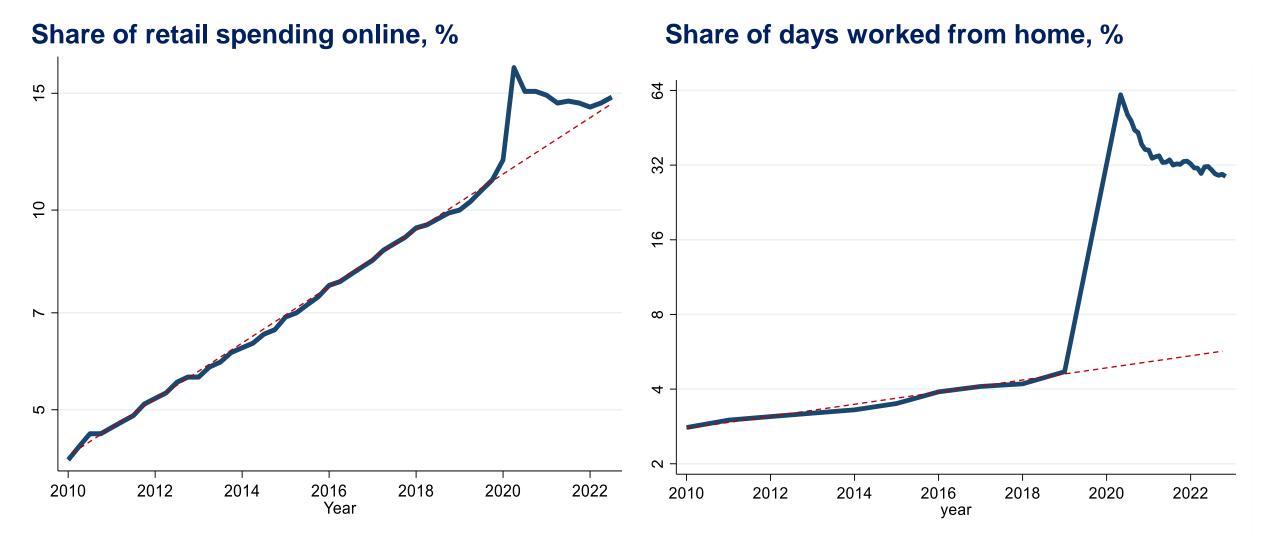
Source: US SWAA responses reweighted to US labor force using the CPS. Details on <u>https://wfhresearch.com/</u>

The graph back to 1965 shows the size of the pandemic-era WFH jump

Historical WFH share

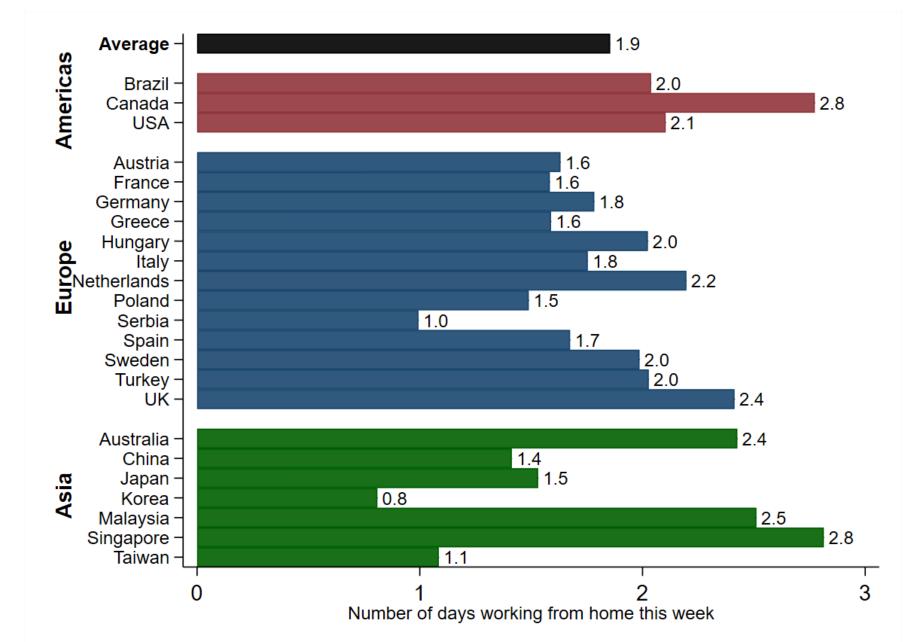


Looks like this rise in WFH will stick - online shopping is back to its pre-trend, but WFH has stabilized at 20% above pre-trend



Source: Retail data from the Census Bureau, quarterly seasonally adjusted <u>https://fred.stlouisfed.org/series/ECOMPCTSA</u>. WFH data from the Survey of Workplace Arrangements and Attitudes <u>www.wfhresearch.com</u> Both data cover the United States.

Globally similar: for graduates WFH typical 1 or 2 days per week

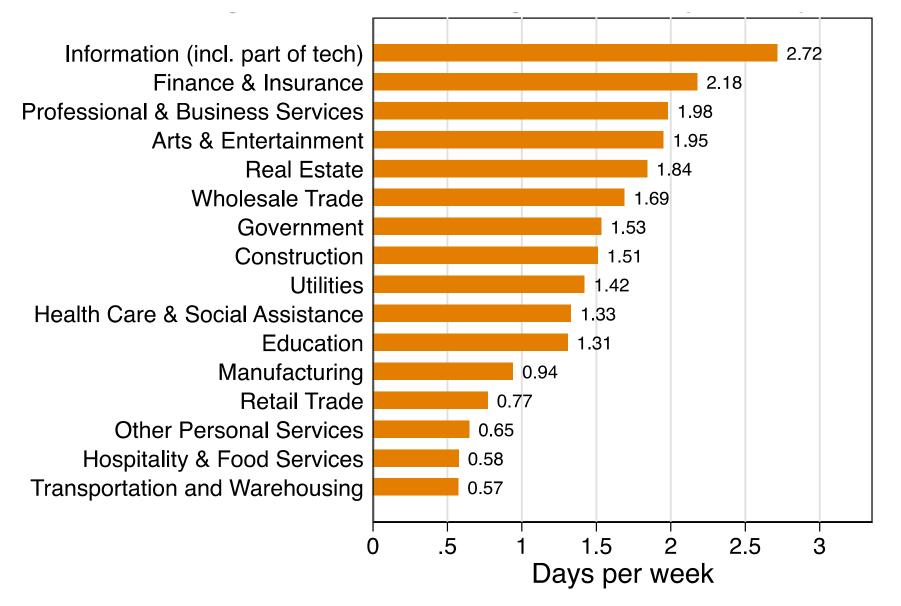


Source: Responses to the question "How many full paid days are you working from home this week?". <u>Only for university educated</u> <u>respondents that have worked for</u> pay in the week of the interview.

Sample of N=30,169 Global WFH respondents, surveyed in August 2021 and February 2022. Source: "Working from home around the world" by Cevat Aksoy, Jose Barrero, Nick Bloom, Steve Davis, Mathias Dolls and Pablo Zarate. https://wfhresearch.com/gswadata/

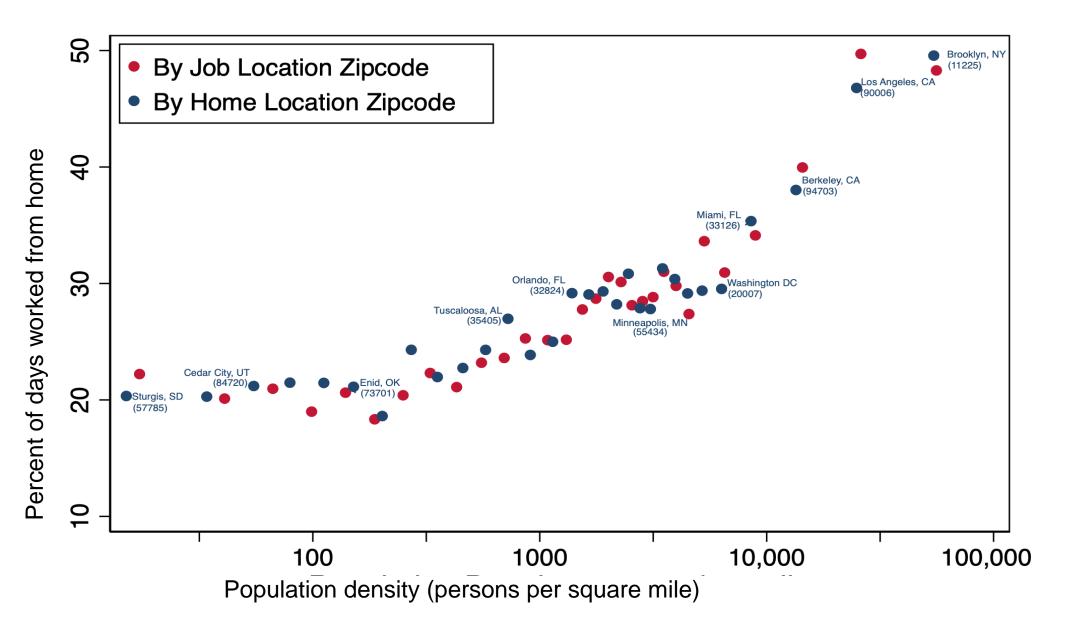
WFH particularly high in tech

Current WFH: all wage and salary employees by industry



Notes: Survey of Workplace Attitudes and Arrangements <u>www.wfhresearch.com</u> Sample N=13,662 from April to July 2022

WFH is particularly high in cities

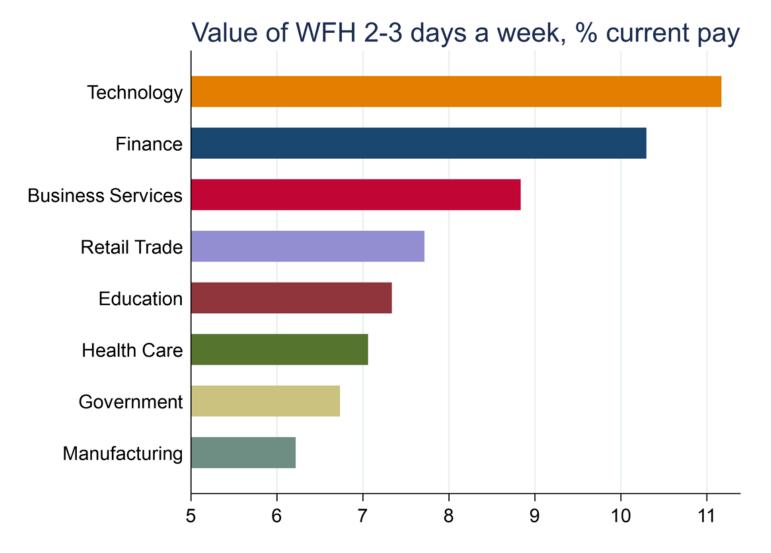


Source: 66,815 survey responses Jan 21 to Aug 22 weighted to match the US population. Details on https://wfhresearch.com/

Four benefits of Hybrid explain why this is becoming dominant

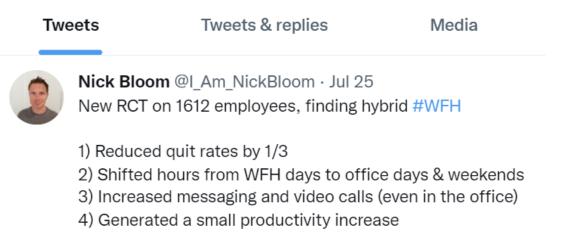
- 1. Employees are happier
- 2. Productivity is increased (if well organized)
- 3. Supports diversity, equity and inclusion
- 4. Saves space (maybe)

Happier: Employees value hybrid-WFH as about an 8% pay increase

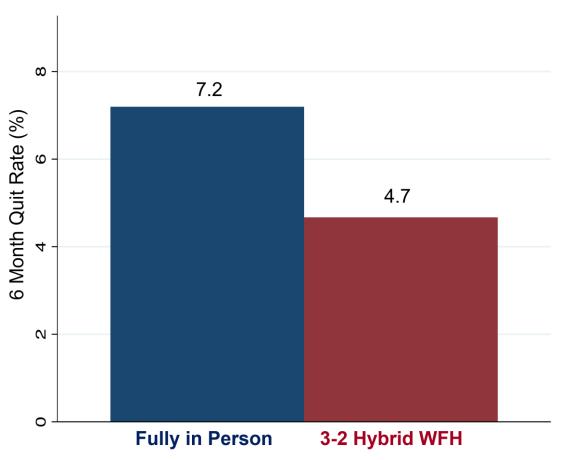


Source: Data from 17,087 responses through 2021, reweighted to match US population. Industries with 1000+ respondents. Details on <u>https://wfhresearch.com/</u>

Results for a recent RCT on 1612 engineers, marketing and finance professionals found WFH reduced quit rates 35%



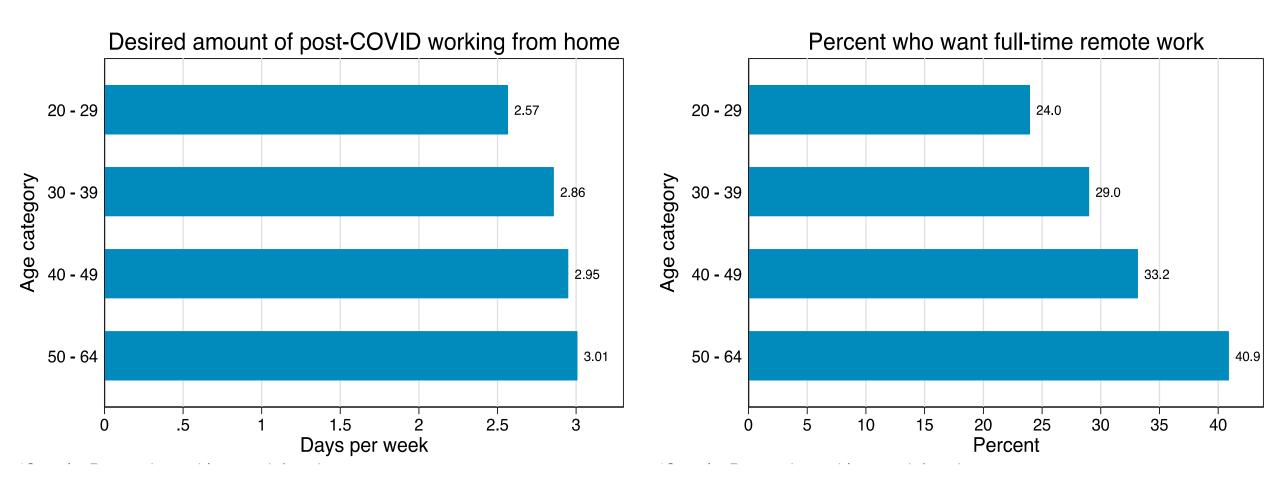
Paper: bit.ly/3J4rL5l



Source: Attrition rates for 1612 engineers, marketing and finance professionals of Trip.com who were randomized between September 2021 and February 2022 by even and odd birthdays into control (5-days a week in the office) and treatment (Mon, Tue and Thur in the office; Weds and Fri working from home). Difference statistically significant at the 5% level. Details in Bloom, Han and Liang (2022) "How Hybrid Work from Home Works Out".

Hybrid WFH lowered employee quit rates by 35%

Note, most employees do not want to WFH every day



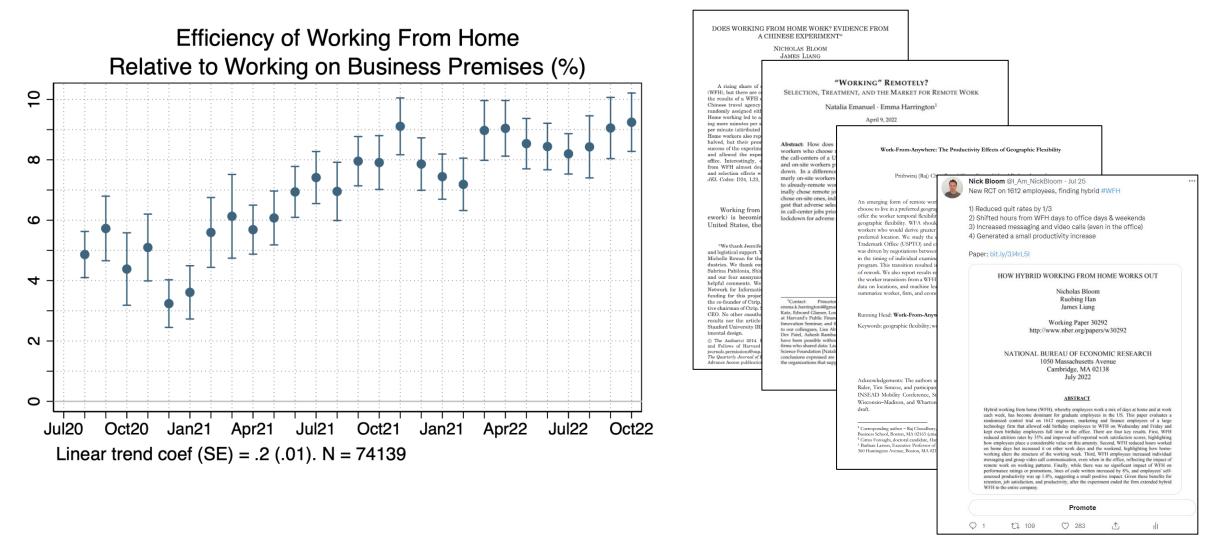
Responses to the question: As the pandemic ends, how often would you like to have paid workdays at home?

Sample: Data are from the April to June 2022 SWAA waves from <u>www.wfhresearch.com</u>. The sample includes respondents who have work-from-home experience during the pandemic and pass the attention-check questions. We re-weight the sample of US residents aged 20 to 64 earning \$10,000 or more in 2019 or 2021 to match Current Population Survey on age, sex, education, and earnings. **N = 8,788 (both figures)**

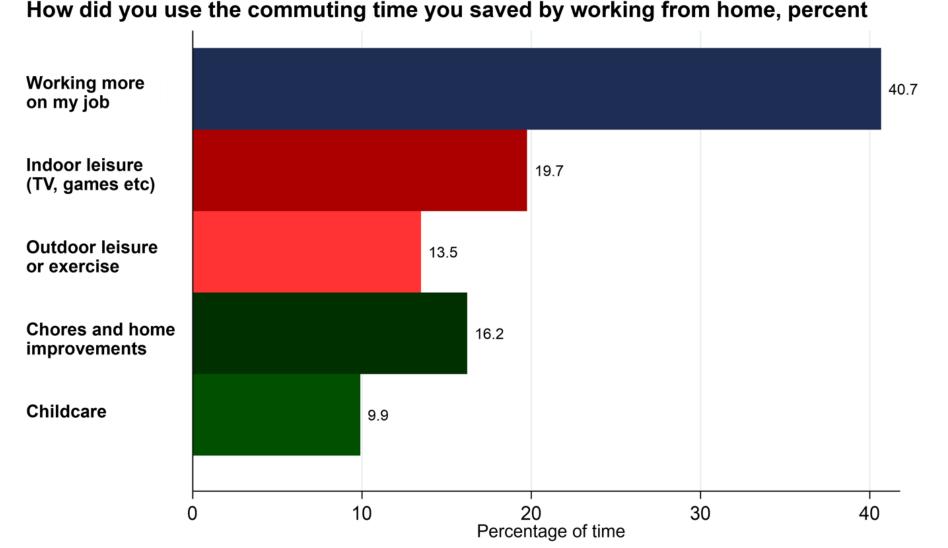
<u>Productivity</u>: RCTs, natural experiments and survey research suggests a small productivity boost from WFH of around 3% to 5%

Survey Data

Research Papers

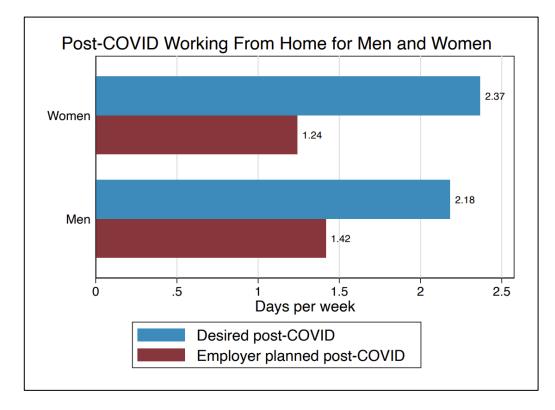


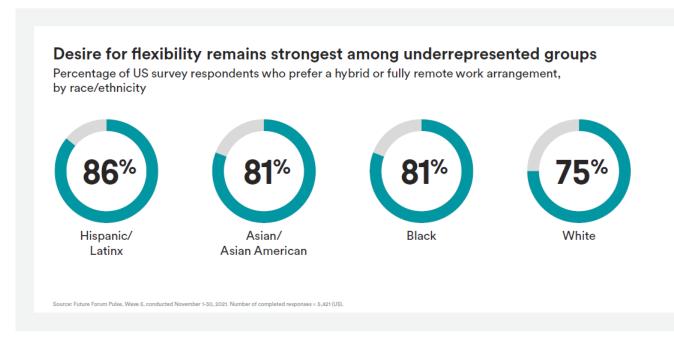
The two drivers of higher productivity are quiet at home (better for concentration "deep" work) and time from saved commuting



Source: Data from 32,461 respondees who can work from home, reweighted to match the US population. Details on https://wfhresearch.com/

<u>Diversity</u>: Data suggests Hybrid-WFH can help support diversity in various dimensions (race, gender, age and religion)





Source: Data from 10,000 US responses in through 2021, reweighted to match the US population. Details on <u>https://wfhresearch.com/</u>

Source: Survey of 10737 knowledge workers in US, Australia, France, Germany, Japan and the US conducted November 1-30, 2021. Details on <u>https://futureforum.com/</u>

<u>Space saving</u>: So far not that much..... I'll come back to this later...



Going to cover three sections

>>> Current state of working from home

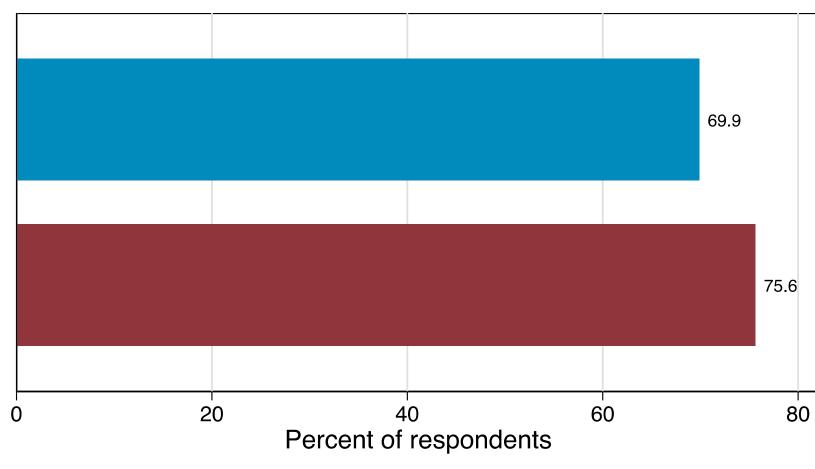
>>> Current state of managing hybrid-WFH

>>>> Impact on offices and real-estate

The hybrid challenge is choice vs coordination - employees want both

Share of workers who would like to:

- Choose their own WFH days
- Coordinate with coworkers on worksite days



Responses to the questions:

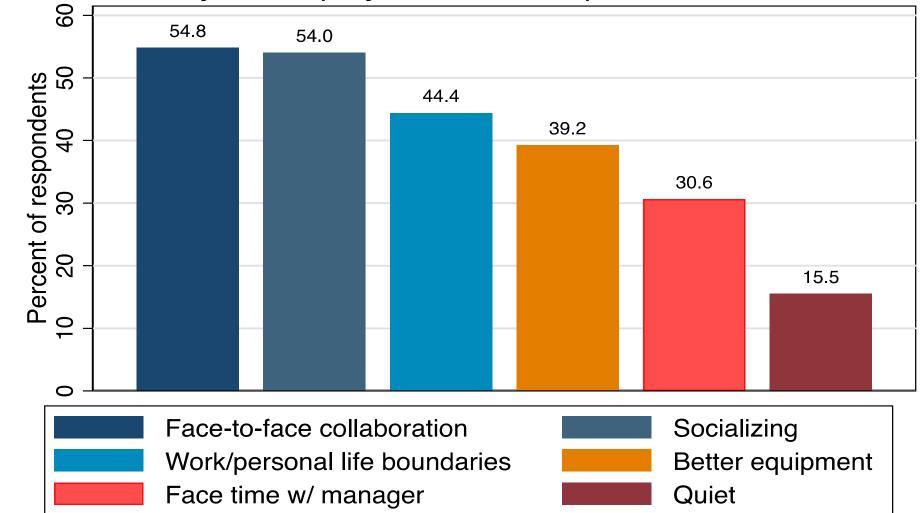
- Which of the following would you prefer?
 - Being able to choose which days you work from home (if any)
 - Your employer sets a policy that determines who works from home on which days
- Would you like your co-workers to come into work on the same days as you?

Notes: The sample for the blue bar includes employed respondents from the July and December 2021 SWAA waves who passed the attention check questions (for December respondents) and worked from home at some point since the start of the COVID-19 pandemic. The SWAA samples US residents aged 20 to 64 who earned \$10,000 or more in 2019. **N = 3,949 (blue bar).**

The sample for the red bar includes employed respondents from the February 2022 SWAA who reported their employer is planning them to work from home 1 or more days per week after the end of the pandemic. N = 1810 (red bar).

Coordination matters: the benefit of the office is being with colleagues

What are the top 3 benefits of working on your employer's business premises?

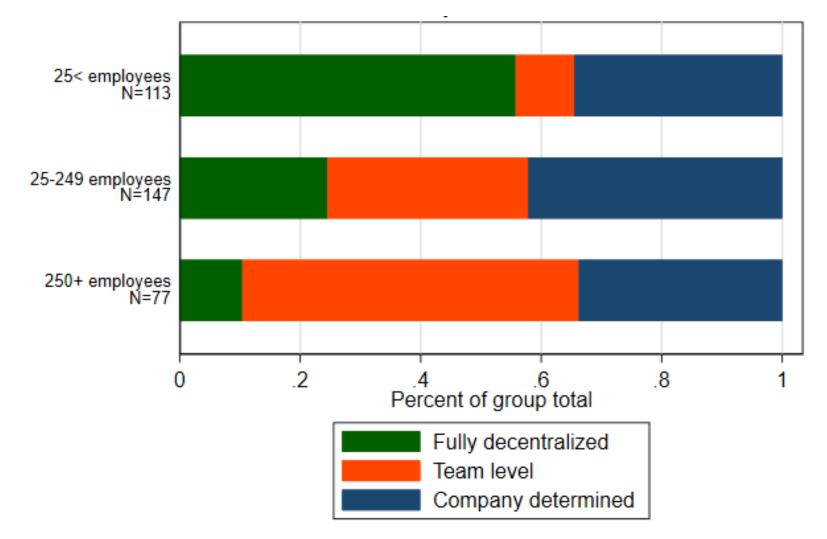


Employees commute for 1 hour to work to be with colleagues – not for the free bagels

Notes: The sample includes respondents to the February 2022 SWAA who passed the attention check questions and worked from home at some point since the start of the COVID-19 pandemic. The SWAA samples US residents aged 20 to 64 who earned \$10,000 or more in 2019. N = 2,973.

So large firms mostly planning team or company coordinated hybrid

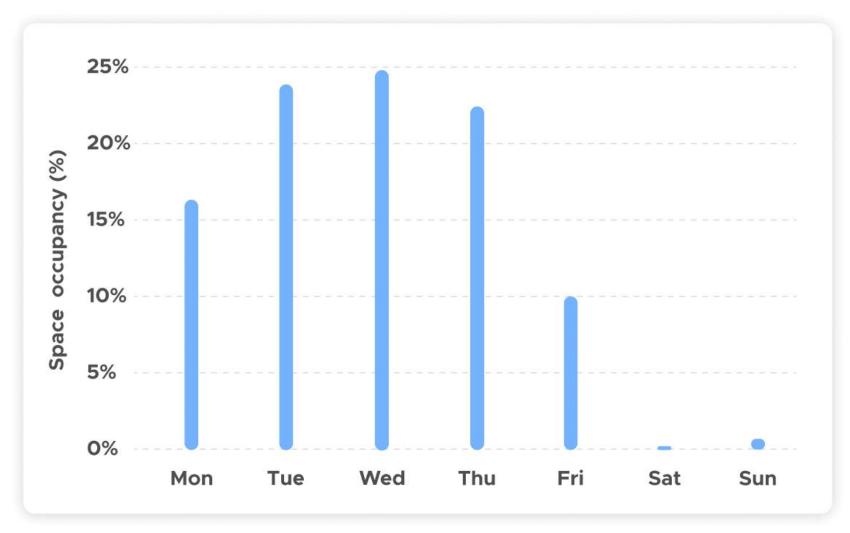
Qu: "Who decides which days and how many days employees work remotely?"



Source: Survey of Business Uncertainty conducted by the Federal Reserve Bank of Atlanta, Stanford University, and the University of Chicago Booth School of Business.

If you pick WFH days I would suggest Monday and Friday

Busiest office days



::Kadence

Based on bookings from Jan - Jun 2022. Source: kadence.co

So, how Leaders Can Make the Most of Hybrid WFH

- 1) Coordinate your team to come in on the same 2 or 3 days every week (e.g T and W)
- 2) Promote in person meetings, events, coffee, training, lunches on those office days
- 3) Suggest cross-office zoom meetings and reading, writing, data etc on home days
- 4) Treat anchor day attendance like 2019 in person attendance exemptions only for emergencies like a sick child, burst water pipe or illness.
- 5) For new hires (< 1 or 2 years) add an extra day in the office for mentoring

In short, set a culture <u>and</u> organize to achieve this of office time = group social time

Finally, strong performance reviews critical for managing WFH

- Office employees can be (partly) evaluated by observing inputs hours & activity
- WFH employees instead need output evaluation data, evaluations & discussion
- Importantly this is not surveillance, but "output" performance reviews



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Implications of hybrid WFH for the Office and Cities

1) Size

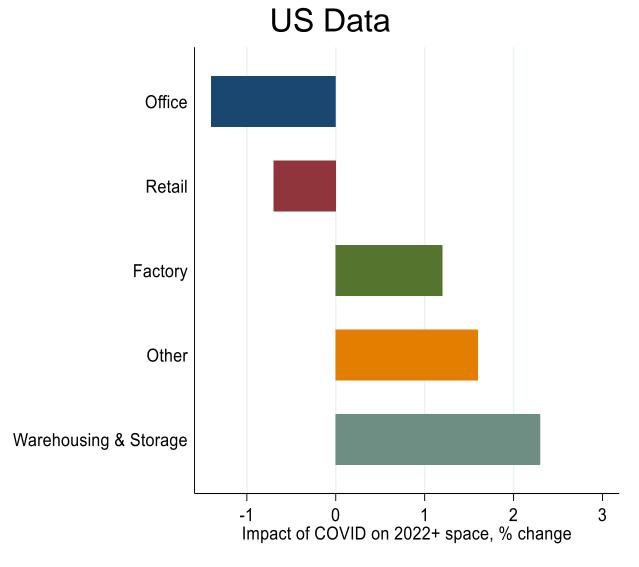
2) Location

3) Design

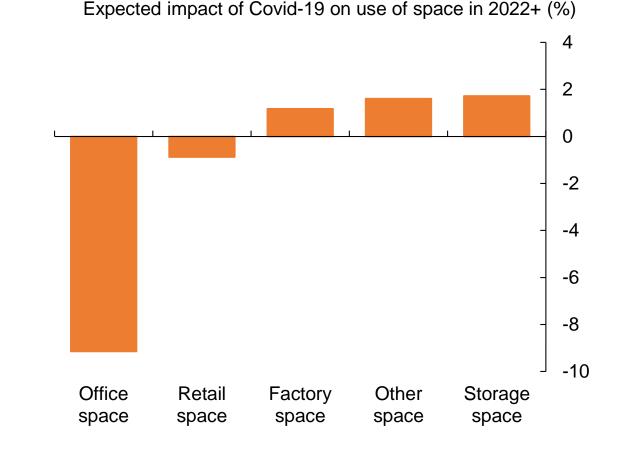
4) Support services



1) Firms are *currently* not planning to cut office space too much....



UK Data

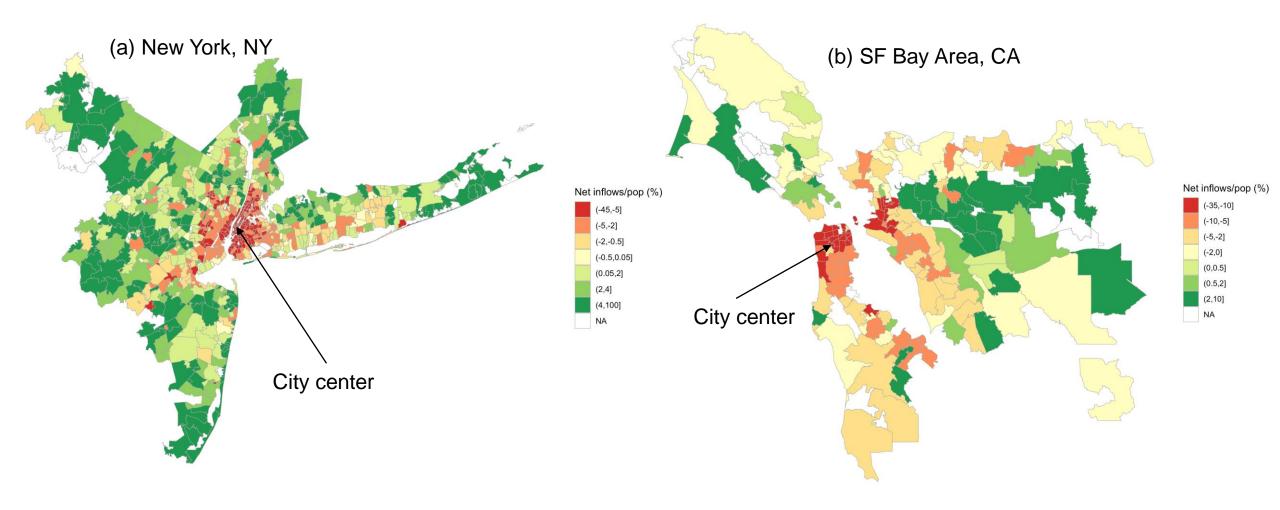


Source: 445 US firms in October 2021 from the Atlanta Fed, Chicago and Stanford Survey of Business Uncertainty, weighted to match the US Economy <u>https://www.atlantafed.org/research/surveys/business-uncertainty</u>

Source: 3,000 UK firms in September 2021 from the Bank of England, Nottingham and Stanford Decision Maker Panel, weighted to the UK Economy <u>https://voxeu.org/article/covid-19-and-structural-change</u>

2) Location: some people have left city centers (e.g. NY and SF)

Cumulative net flows (moves in – moves out) from Feb 2020-Jul 2021 as a % of the zipcode population

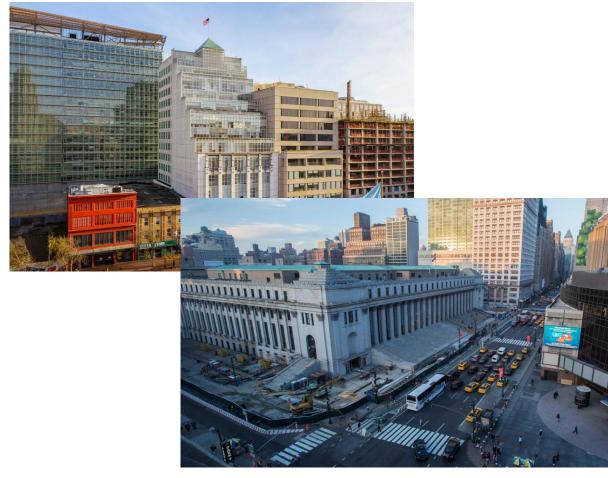


Source: Arjun Ramani and Nicholas Bloom "The Donut Effect", NBER Working Paper 2021 using US Postal Service Change of Address Data https://nbloom.people.stanford.edu/sites/g/files/sbiybj4746/f/w28876.pdf

But offices are mostly not moving: firms are focusing on quality space

Under hybrid-WFH the idea is to have employees come in the same two or three days each week. To do this offices need to be convenient and high quality

City Centers (SF and NY)

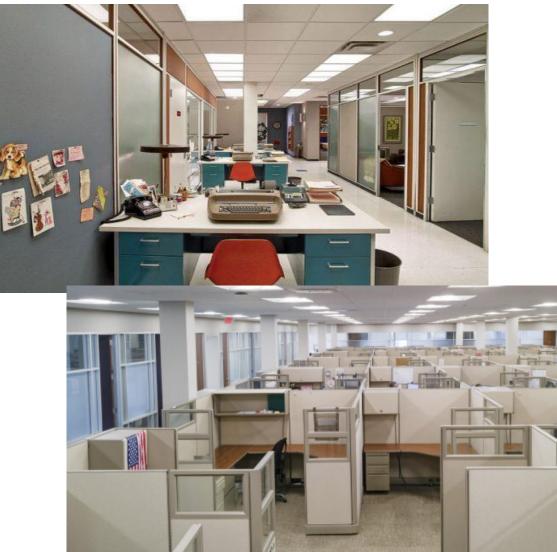


Office Parks (Texas and Cupertino)



3) Design - firms say they are putting in Teams/Zoom rooms, more meeting rooms and lounge seating

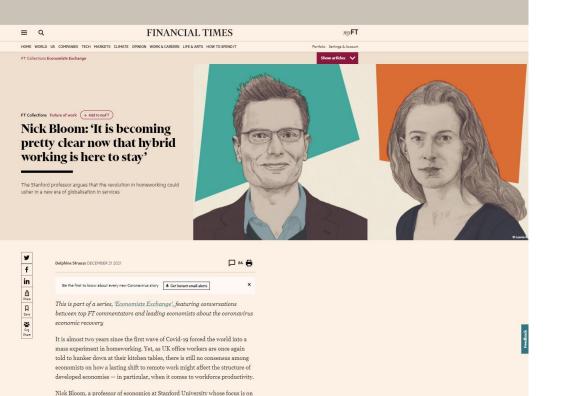
Massed offices and desks are out



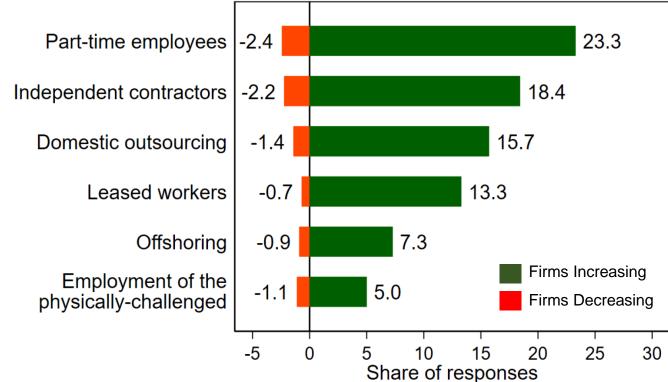
Video-cubicles, meeting rooms and virtual conference rooms are in



4) WFH will increase outsourcing/offshoring of things like IT, HR and finance to access talent, save costs and free up space

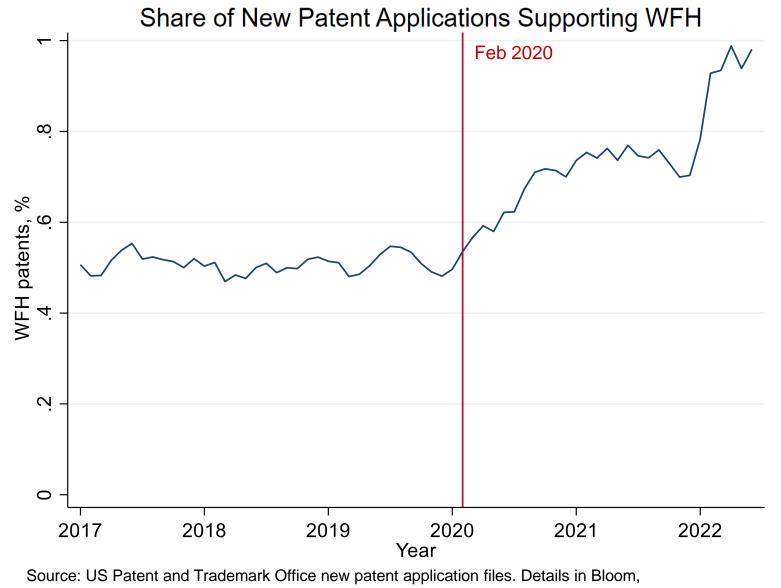


What has increased remote work changed at your firm?



Notes: Survey conducted in August 2022 by the Atlanta Federal Reserve Bank's Survey of Business Uncertainty. N=481. Firms reweighted to match all public and private US firms.

Longer run technology will continue to build WFH momentum



Nicholas, Steven J. Davis, and Yulia Zhestkova. 2021. "COVID-19 Shifted Patent

Applications toward Technologies that Support Working from Home."

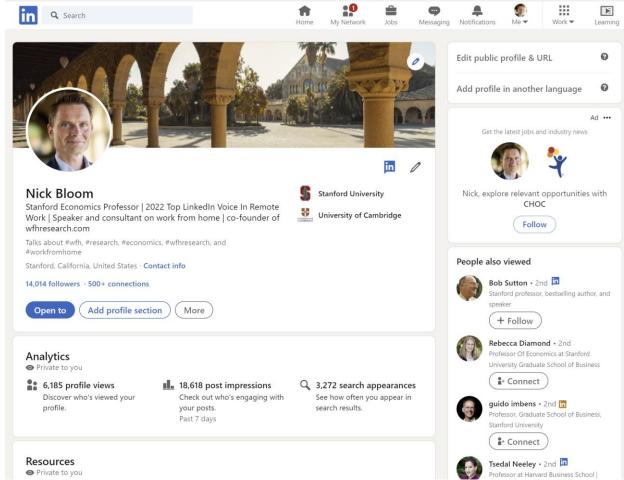
- New WFH technologies are being rapidly developed as the market for WFH products has increased 5x
- For example, scheduling software, better AV, virtual reality and holograms
- Should make WFH more appealing and space scheduling easier

Conclusions

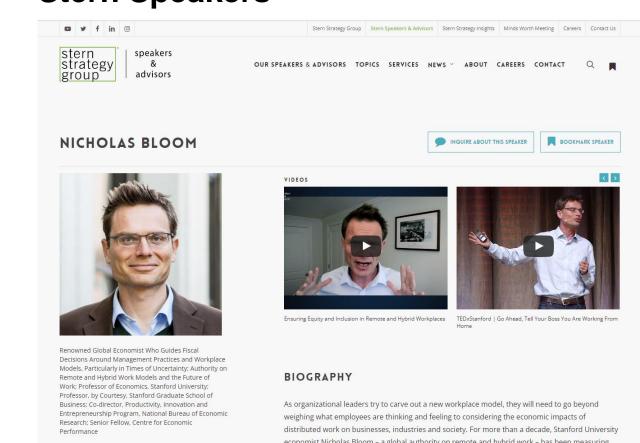
- 1. WFH is here to stay typically 2 days a week for the average office worker
- 2. Key to succeed is coordinate so employees in together to work socially
- 3. Offices are being designed to focus on social working together
- 4. WFH likely to grow in the longer-run driven by improving technology

Further information:

Linked In



Stern Speakers



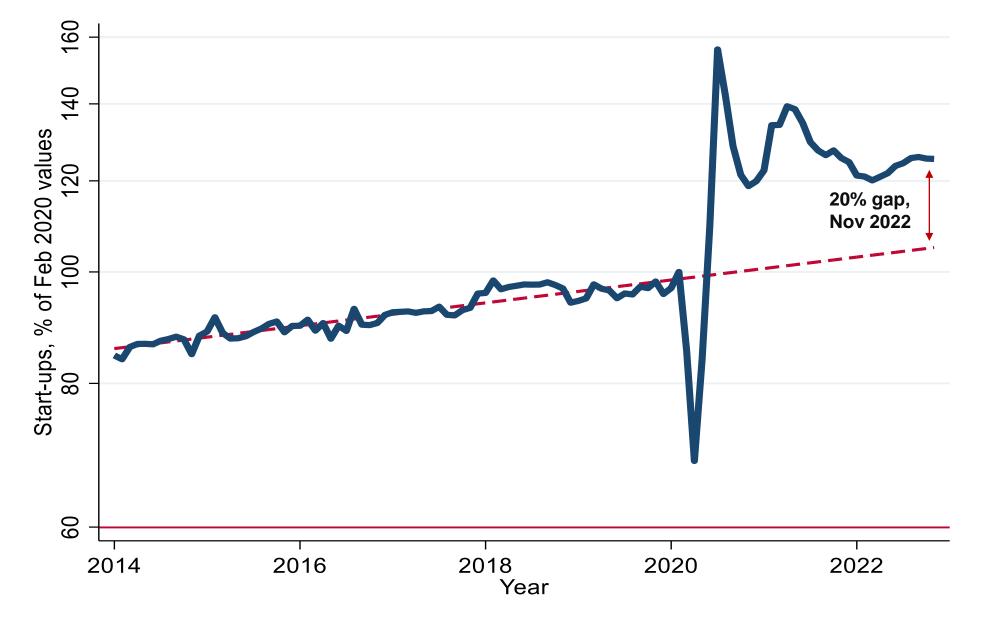
Biography

Speech Topics

weighing what employees are thinking and feeling to considering the economic impacts of distributed work on businesses, industries and society. For more than a decade, Stanford University economist Nicholas Bloom – a global authority on remote and hybrid work – has been measuring those impacts as part of his broader research into worldwide management practices, particularly in times of uncertainty and market shocks. His research is helping leaders make key decisions as they prepare for a return to the office.

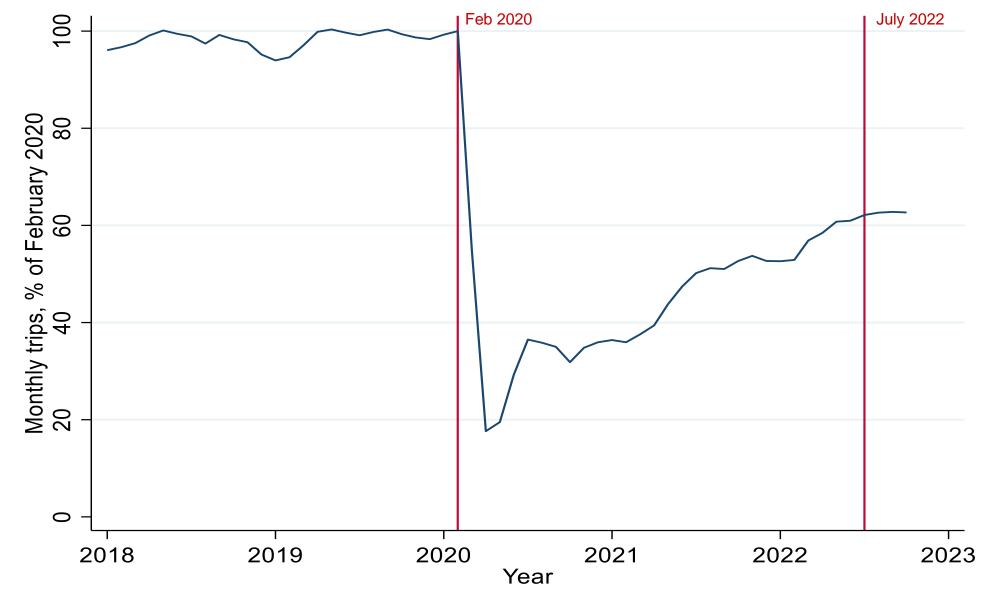
Back-Up

Pandemic has also seen a start-up surge, partly from WFH which provides a cheaper way to start a new company



Source: US Census Bureau: Business Applications with a high-propensity of turning into payroll businesses. 3-month moving average (except from 2020/2-2020/9 due to the rapid impact of the pandemic). https://fred.stlouisfed.org/series/B AHBATOTALSAUS

Public transit journeys are stabilizing about 30% below pre-pandemic, consistent with the rise in WFH



Notes: US Passenger trips in the National Transit Database, covering around 800,000 passenger trips per month in February 2020. Data deseasonalized and on a 3-month moving average (except from 2020/2-2020/9 due to the rapid impact of the pandemic). <u>https://www.transit.dot.gov/ntd</u>

Stanford Working From Home Management Training

Stanford | ONLINE A mystanfordconnection Learning for a Lifetime **Q** Explore Free Stuff ~ Topics ~ Schools & Centers V About Us V Get More Info Programs ~ online, at Stanford, at work. Home » Courses » Managing Remote and Hybrid Teams Managing Remote and Hybrid Teams Before we talk about how FEEDBACK best to work as a hybrid team, XLFH110 who wants some cookies? Stanford School of Engineering Employees everywhere are demanding flexible work options and employers are reacting by moving toward hybrid work models where, on any given day, some people may be in the office and some will be working remotely. This ever-shifting dynamic requires leaders to reconsider and adjust skills they have mastered in the in-person environment so that their hybrid and marketoonis virtual teams remain effective and happy. Leaders must pay special attention to how culture, trust, motivation and interpersonal connections are created and maintained within this new ENROLL NOW environment. With the right kind of guidance, remote and hybrid teams can produce great results. In this selfŝ Format Online anline source on managing compte and hubyid teems, you will leave shills to below our

https://online.stanford.edu/courses/xlfh110-managing-remote-and-hybrid-teams

Surge in start-ups post pandemic - three firms I am working with:

https://radious.pro/

https://kadence.co/

https://www.takescoop.com/

We offer close-to-home, collaborative spaces.

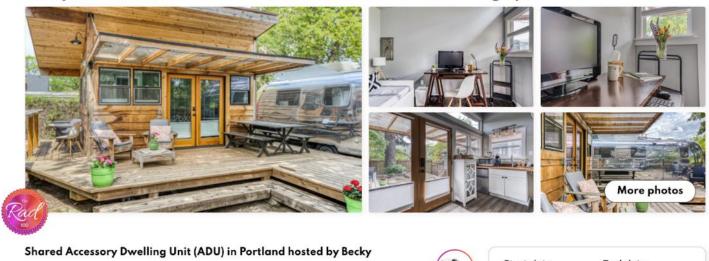
Work together in person;

And get some work-life separation;

With no/low commute;

In unique spaces, distributed across town.

Learn more * Rent a workspace Mana Backyard Oasis: Private Office with Shared Outdoor Meeting Space



I workstation · I meeting space · I bathroom Ask host a question

Come experience our thoughtfully crafted eco-industrial detached studio. The studio has great day light with two large French doors that open up to a shared covered deck and expands the space for meetings, a working lunch or taking a mental break.



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Actual Radspace in SE Portland

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A B2B SaaS model for on-demand workspaces

- 1. **Companies** prepay via subscription;
- 2. **Employees** book spaces for free;
- 3. Homeowners earn cash;
- 4. Radious keeps 25%.



∷Kadence

"Hybrid work represents the biggest shift to how we work in our generation - it will require a new operating model, spanning people, places, and processes."

- Satya Nadella, CEO - Microsoft

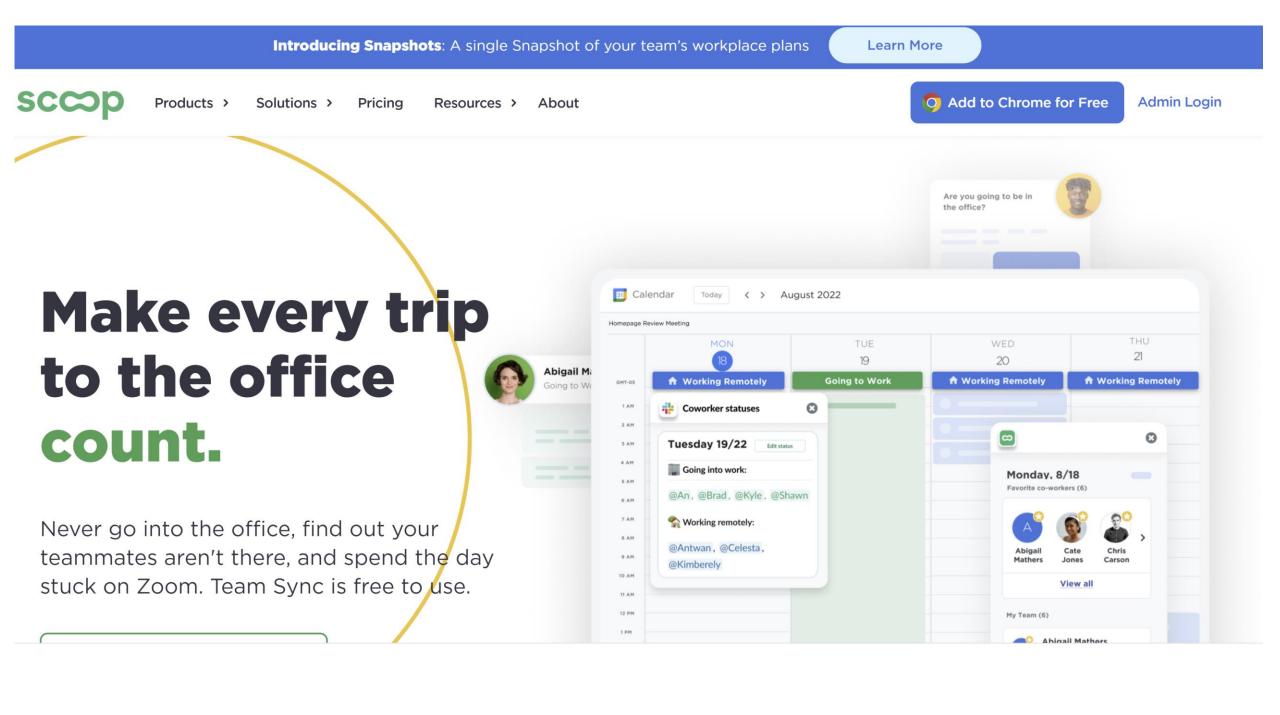
Supercharging employee's hybrid experience

Coordinate with colleagues, reserve flexible spaces, organize events and discover the perfect hybrid rhythm

... Live office Kadence Desks Rooms Hi Jordan, Desk One 6 10 10 Upcoming bookings Desk Two Mar 31 4.00.00 Desk Three -4 104 100 Desk Four 6 10 10 Desk Five 4 m m Desk Six 55 6 24 10 Deck Sever **4 Product Team** members are working from the office Book a space WHERE WHO WHEN YOU WANT YOU WANT YOU WANT

Aaron Levie Box

"I'm confident that quantum mechanics is far easier to understand than trying to figure out how teams will manage their schedules in a hybrid workplace."

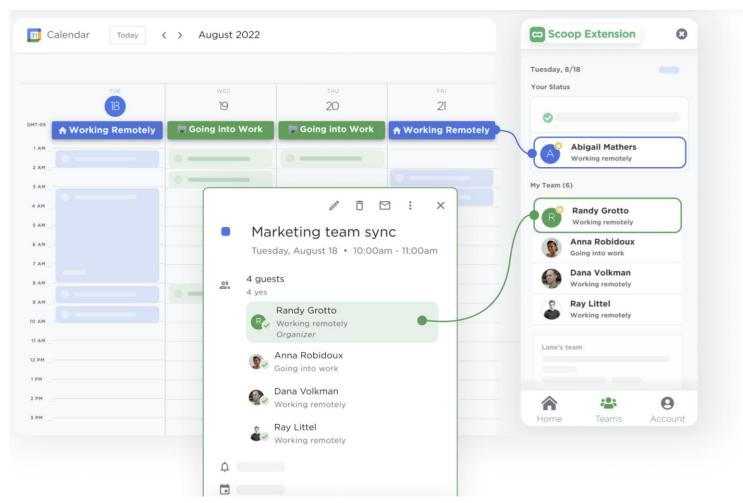


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Hybrid without the heavy lift

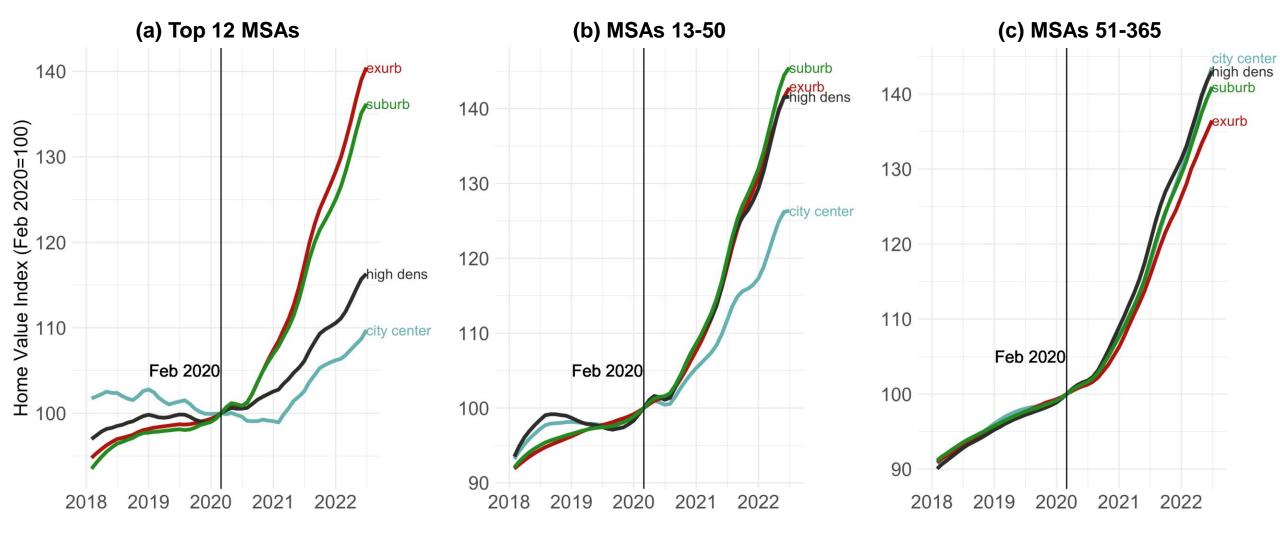
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Admin Login

Say goodbye to the back and forth of figuring out who's working where. With automated routines and one-click work status updates, teams stay in the loop without all the noise.

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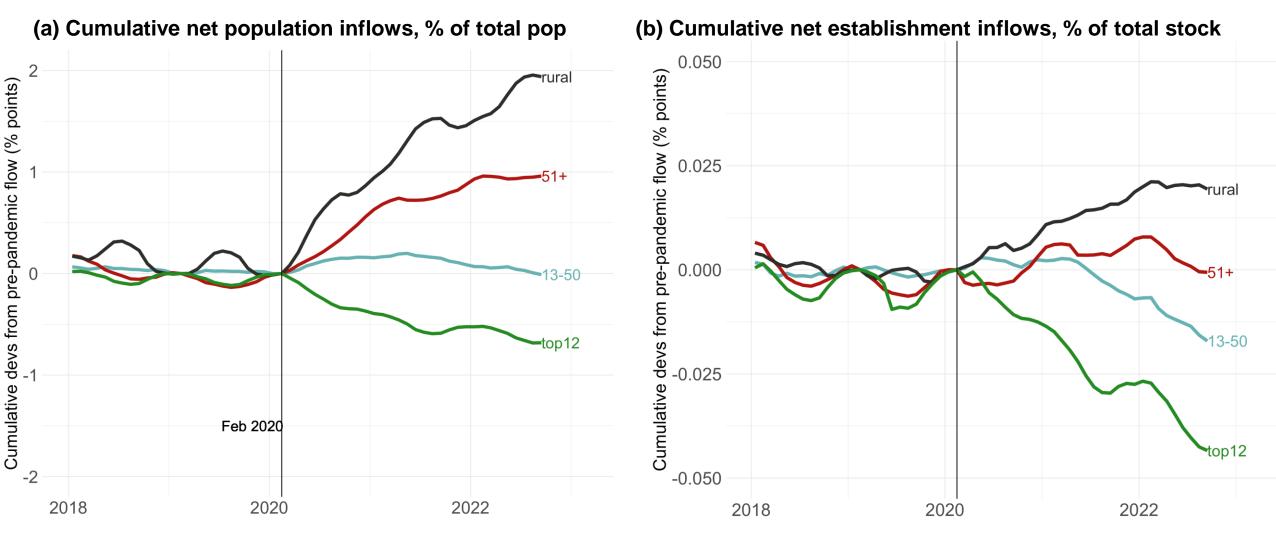
Learn more about Team Sync and Google Calendar ->



The donut effect (pushing city center prices down) is strongest in the largest cities

Notes: The figure shows Zillow's home value index grouped by population density. Panel A pools the top 12 metros by population, panel B contains metros 13-50. and panel C gives the remaining metros (we have data on 365 in total). Zipcodes are grouped by population density or presence in a CBD. A population weighted average is taken across all zipcodes in each bucket, and each aggregated index is normalized such that Feb 2020 = 100. Density groups are given by high = top 10%, mid = 50-90th percentile, low = 0-50th percentile and populations are taken from the 2015-19 5-yr ACS. The city center is defined by taking all zipcodes with centroids contained within a 2 km radius of Central Business District coordinates taken from Holian (2019). Sources: Zillow, Census Bureau, Holian (2019). Data: Jan 2018 – Jun 2022.

People and businesses flowed from bigger metros to smaller ones



Notes: The left panel shows monthly net population inflows divided by 2019 population from the 2015-19 5-yr ACS. We multiply the number of household moves by the average household size of moving families from Data Axle, 1.7, and add the number of individual moves to calculate total population flows. The right panel shows monthly net establishment inflows divided by the 2018 establishment stock given by the 2018 Zipcode Business Patterns. Series are plotted as deviations from the Feb 2020 value. Metro areas are grouped by population size. Flows are summed across all metros in a bucket before dividing by total population. All zip codes not contained in metro areas are considered rural. The population sizes of the different buckets are: top 12 metros=94.5m, metros 13-365=176m, rural=57m. Sources: USPS, Census Bureau. Data: Jan 2018 – Sep 2022.

Feedback and mentoring advantages to being in person a few days a week

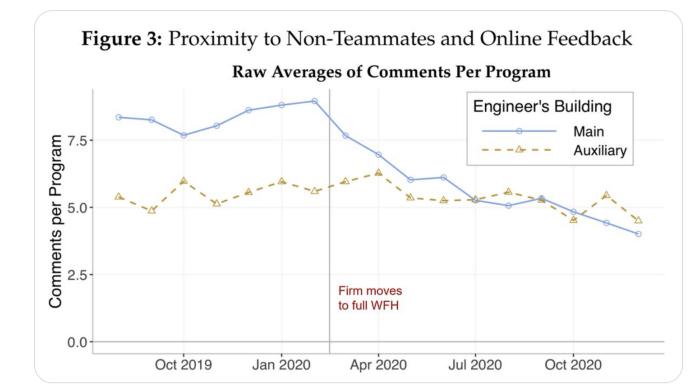


Nick Bloom

@I Am NickBloom

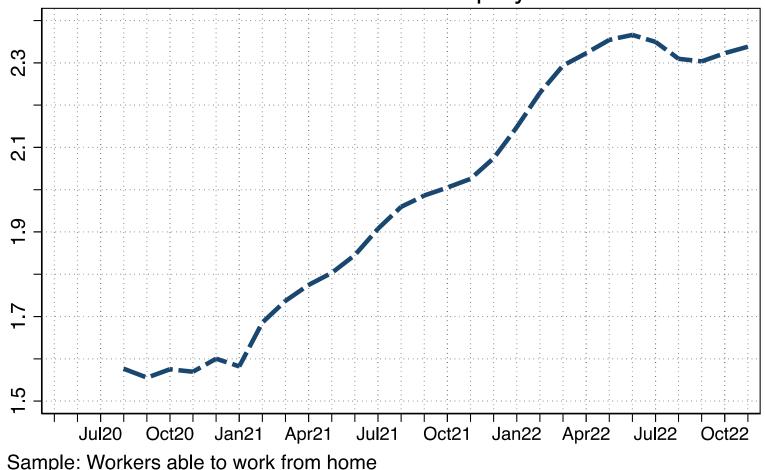
New paper: proximity supports feedback.

A big tech firm had two buildings on one campus. Prepandemic employees got more feedback if they were in the same main building as their team. @WFH no difference: feedback for all employees was the same as being in the auxiliary building.



Employers plans for those that can WFH stabilized at about 2.3 days per week, matching what the average graduate employees wants

Average Days per Week Working From Home As the Pandemic Ends: Employer Plans



Responses to the question:

- As the pandemic ends, how often is your employer planning for you to work full days at home?

Sample: Data are from all SWAA waves, covering August 2020 to October 2022. The sample includes all respondents who reported their employer's plans for WFH as the pandemic ends and who have work-fromhome experience during the pandemic (thus able to work from home). We exclude respondents who report having no employer. We re-weight the sample of US residents aged 20 to 64 earning \$10,000 or more in 2019 or 2021 to match Current Population Survey on age, sex, education, and earnings.

N = 77,252 (able to work from home)

Employees believe WFH increases productivity by 7.4% while managers believe it reduces it by 3.5%

Estimated effect of working from home on productivity?

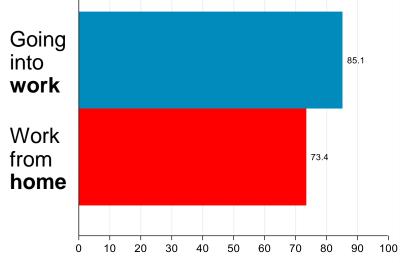


Note: SWAA participants asked "How much less/more efficient are you working from home than on business premises?" from the July to September 2022 reweighted to match all US employees 20 to 64. N=13,082; www.wfhresearch.com SBU participants asked: "How much less/more productive would employees [who work from home at least one day per week] be if working on business premises five days a week?" reweighted to match all US firms. N=282. www.atlantafed.org/SBU

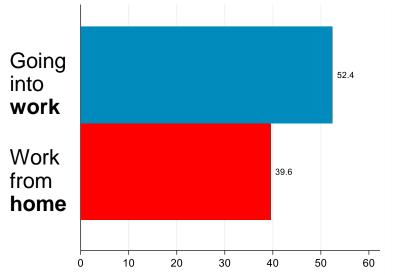
WFH employees save 9 minutes a day on less personal grooming

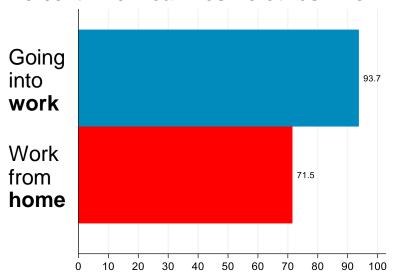
Percent who **wear fresh clothes** when:

Percent who shower or bathe when:

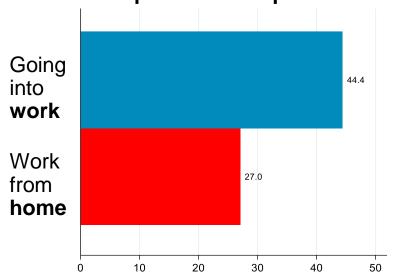


Percent who shave when:

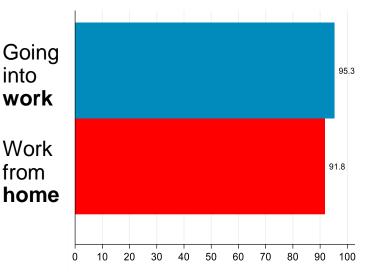




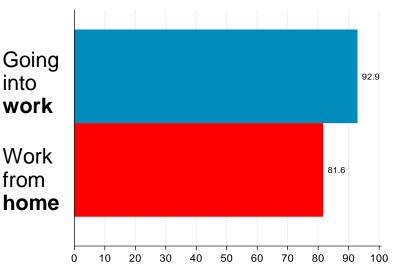
Percent who put on makeup when:



Percent who **brush their teeth** when:



Percent who use deodorant when:

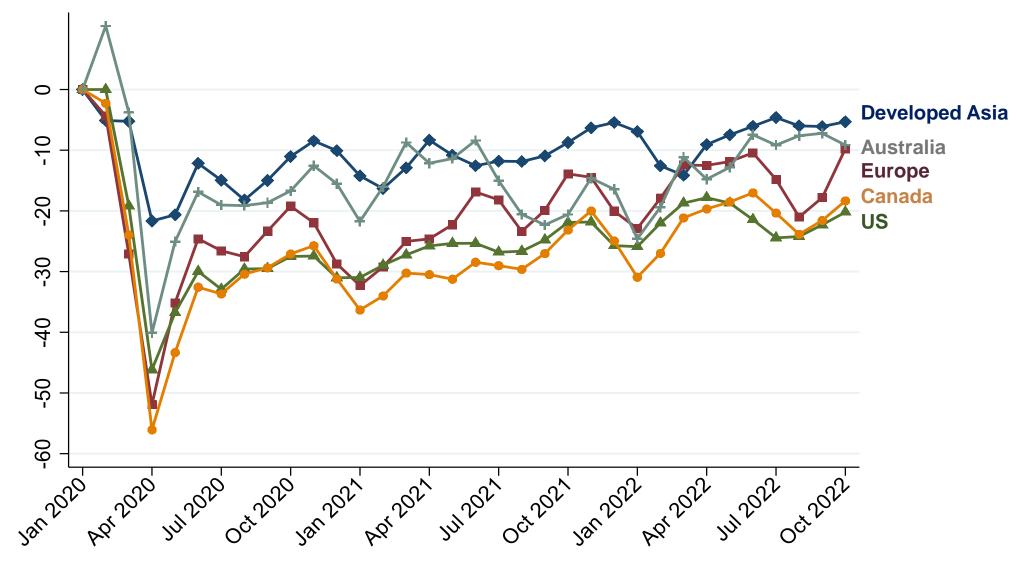


Source: Data from 3,997 respondees who can work from home in January 2022, reweighted to match the US population. Details on https://wfhresearch.com/

US & Canada highest levels of WFH, Europe, Australia and Asia lower

Workplace Trips (so the drop is a measure of WFH)

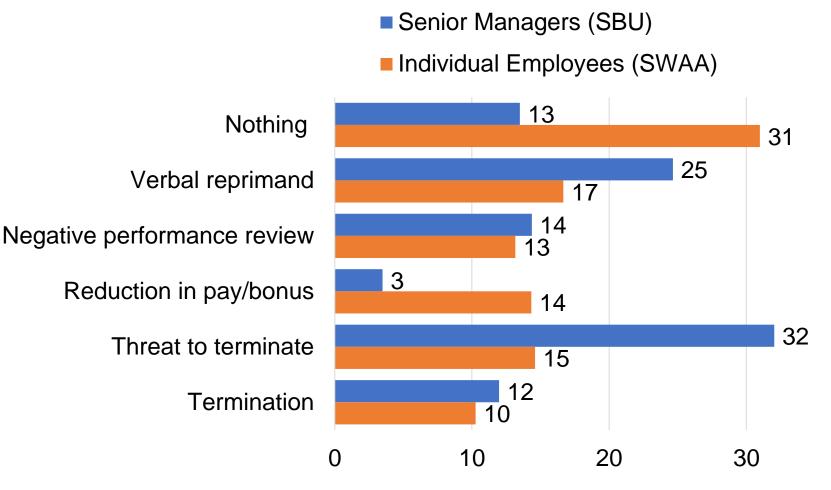
Google cellphone workplace mobility in % deviation from Jan 2020



Source: Data from Google Workplace Cellphone Mobility Data <u>https://www.google.com/covid19/m</u> <u>obility/</u> Regions average of largest available countries: Developed Asia=KR+JP+TW+HK+SG, and Europe=GB+FR+DE+IT+ES+NL+S E+PL. Deviations from the Jan 3 – Feb 6 2020.

And before moving on worth noting enforcement is not easy.....





SWAA participants Notes: "How asked has your employer responded to employees who work on business premises fewer days than requested?" over June to September 2022 re-weighted match US working to population 20 to 64. N= 17,875. www.wfhresearch.com SBU participants asked "Currently, how does your firm deal with employees who work days business fewer on premises than required by policy?" in company September 2022 reweighted to match US firms. N= 335. www.atlantafed.org/SBU

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Percent of respondents